

Editorial Board

Chief Editor

Traian Bocu PhD

(Iuliu Hațieganu University of Medicine and Pharmacy Cluj-Napoca, Romania)

Deputy Chief Editors

Simona Tache MD, PhD

(Iuliu Hațieganu University of Medicine and Pharmacy Cluj-Napoca, Romania) (Iuliu Hațieganu University of Medicine and Pharmacy Cluj-Napoca, Romania)

Dan Riga MD, PhD

(Alexandru Obregia Clinical Hospital of Psychiatry, Bucharest, Romania) (Iuliu Hațieganu University of Medicine and Pharmacy Cluj-Napoca, Romania)

BIO-MEDICAL, HEALTH AND EXERCISE DEPARTMENT

Cezar Loghin MD, PhD
(Iuliu Hațieganu UMPH Cluj-Napoca, Romania)

Adriana Albu MD, PhD
(Iuliu Hațieganu UMPH Cluj-Napoca, Romania)

Taina Avramescu MD, PhD
(University of Craiova, Romania)

Cristian Bârsu MD, PhD
(Iuliu Hațieganu UMPH Cluj-Napoca, Romania)

Gheorghe Benga MD, PhD
(Iuliu Hațieganu UMPH Cluj-Napoca, Romania)

Mihai Berceanu MD, PhD
(Carol Davila UMPH, Bucharest, Romania)

Ileana Monica Borda MD, PhD
(Iuliu Hațieganu UMPH Cluj-Napoca, Romania)

Simion Bran MD, PhD
(Iuliu Hațieganu UMPH Cluj-Napoca, Romania)

Consuela Monica Brăilescu MD, PhD
(Carol Davila UMPH, Bucharest, Romania)

Roxana Carare MD, PhD
(University of Southampton, UK)

Adela-Magdalena Ciobanu MD, PhD
(Carol Davila UMPH, Bucharest, Romania)

Mihaela Viorela Ciortea MD, PhD
(Iuliu Hațieganu UMPH Cluj-Napoca, Romania)

Simona Clichici MD, PhD
(Iuliu Hațieganu UMPH Cluj-Napoca, Romania)

Anne-Marie Constantin MD, PhD
(Iuliu Hațieganu UMPH Cluj-Napoca, Romania)

Daniel Courteix PhD (University Clermont Auvergne (UCA) - Clermont Ferrand, France)

Victor Cristea MD, PhD
(Iuliu Hațieganu UMPH Cluj-Napoca, Romania)

Gheorghe Dumitru MD, PhD
(Ovidius University Constanța, Romania)

Lorena Filip MD, PhD
(Iuliu Hațieganu UMPH Cluj-Napoca, Romania)

Mira Florea MD, PhD
(Iuliu Hațieganu UMPH Cluj-Napoca, Romania)

Satoro Goto
(University of Science, Chiba, Japan)

Irina Hărănguș MD, PhD
(Iuliu Hațieganu UMPH Cluj-Napoca, Romania)

Nicolae Hâncu MD, PhD
(Iuliu Hațieganu UMPH Cluj-Napoca, Romania)

Anca Ionescu MD, PhD
(Carol Davila UMPH, Bucharest, Romania)

Lászlo Irsay MD, PhD
(Iuliu Hațieganu UMPH Cluj-Napoca, Romania)

Viorel Jinga MD, PhD
(Carol Davila UMPH, Bucharest, Romania)

UMPH = University of Medicine and Pharmacy

Gulshan Lal Khanna PhD
(Manav Rachna University, Faridabad, India)

Wolf Kirsten Mr. (International Institute for Health Promotion, Berlin, Germany)

Valeria Laza MD, PhD
(Iuliu Hațieganu UMPH Cluj-Napoca, Romania)

Jordi Mañes MD, PhD
(University of Valencia, Spain)

Roxana Maria Martin-Hadmaș MD, PhD
(UMPH of Tîrgu Mureș, Romania)

Nicolaos Mavritsakis MD, PhD
(1 Decembrie 1918 University, Alba-Iulia, Romania)

Daniela Claudia Moga MD, PhD
(University of Kentucky, USA)

Daniela Motoc MD, PhD
(Vasile Goldiș Western University of Arad, Romania)

Ioan Onac MD, PhD
(Iuliu Hațieganu UMPH Cluj-Napoca, Romania)

Radu Oprean MD, PhD
(Iuliu Hațieganu UMPH Cluj-Napoca, Romania)

Alina Pârnu MD, PhD
(Iuliu Hațieganu UMPH Cluj-Napoca, Romania)

Zsolt Radak PhD
(University of Physical Education, Budapest, Hungary)

Suresh Rattan MD, PhD
(Aarhus University, Aarhus, Denmark)

Sorin Riga MD, PhD (Alexandru Obregia Clinical Hospital of Psychiatry, Bucharest, Romania)

Sandu Petru MD, PhD (National Institute of Public Health in Romania, Regional Public Health Center Cluj, Cluj-Napoca, Romania)

Aurel Saulea MD (Nicolae Testemitanu UMPH Chișinău, Republic of Moldavia)

Șoimița Suci MD, PhD
(Iuliu Hațieganu UMPH Cluj-Napoca, Romania)

Robert M. Tanguay MD
(Université Laval, Quebec, Canada)

Gheorghe Tomoaia MD, PhD
(Iuliu Hațieganu UMPH Cluj-Napoca, Romania)

Gheorghe Țibîrnă MD, PhD (Academy of Medical Sciences, Chișinău, Republic of Moldova)

Mirela Vasilescu MD, PhD
(University of Craiova, Romania)

SOCIAL SCIENCES AND PHYSICAL ACTIVITIES DEPARTMENT

Dana Bădău PhD
(UMPH of Tîrgu Mureș, Romania)

Daniela Aducovschi PhD
(University of Bucharest, Romania)

Maria Aluș PhD
(Iuliu Hațieganu UMPH Cluj-Napoca, Romania)

Adrian Aron PhD
(Radford University, VA, USA)

Rodica Ungur MD, PhD

(Babeș-Bolyai University, Cluj-Napoca, Romania)

Adriana Filip MD, PhD

(Babeș-Bolyai University, Cluj-Napoca, Romania)

Robert Balazs PhD
(Babeș-Bolyai University, Cluj-Napoca, Romania)

Lorand Balint PhD
(Transilvania University, Brașov, Romania)

Vasile Bogdan PhD
(Babeș-Bolyai University, Cluj-Napoca, Romania)

Mihai Cucu PhD (Dimitrie Cantemir Christian University, Cluj-Napoca, Romania)

Remus Dumitrescu PhD
(University of Bucharest, Romania)

Leon Gomboș PhD
(Babeș-Bolyai University, Cluj-Napoca, Romania)

Emilia Florina Grosu PhD
(Babeș-Bolyai University, Cluj-Napoca, Romania)

Vasile Guragata, PhD (Nicolae Testemitanu UMPH Chișinău, Republic of Moldavia)

Iacob Hanțiu PhD
(Babeș-Bolyai University, Cluj-Napoca, Romania)

Mihai Kiss PhD
(Iuliu Hațieganu UMPH Cluj-Napoca, Romania)

Eunice Lebre PhD
(University of Porto, Portugal)

Sabina Macovei PhD (National University of Physical Education and Sports, Bucharest, Romania)

Ștefan Maroti PhD
(University of Oradea, Romania)

Ion Măcelaru (Cluj County Athletics Association, Cluj-Napoca, Romania)

Bela Mihaly (István Báthory Theoretical High School, Cluj-Napoca, Romania)

Ioan Mureșan (Children's Palace in Cluj-Napoca, Romania)

Catalin Nache PhD
(Bordeaux University, France)

Enrique Navarro PhD
(Spanish National Research Council, Madrid, Spain)

Nicolae Neagu PhD
(UMPH of Tîrgu Mureș, Romania)

Constantin Pehoiu PhD
(Valahia University Târgoviște, Romania)

Nicolae Horațiu Pop PhD
(Babeș-Bolyai University, Cluj-Napoca, Romania)

Cornelia Popovici PhD
(Iuliu Hațieganu UMPH Cluj-Napoca, Romania)

Cristian Potoră PhD (Cluj County Sports School Inspector, Cluj-Napoca, Romania)

Monica Stănescu PhD (National University of Physical Education and Sports, Bucharest, Romania)

Demostene Șofron (*Factia* editor, daily life of Cluj, Cluj-Napoca, Romania)

Octavian Vidu (Cluj County Sports Department, Cluj-Napoca, Romania)

Honorary Members

Univ. Prof. MD, PhD. Marius Bojiță (Iuliu Hațieganu University of Medicine and Pharmacy, Cluj-Napoca, Romania)

Univ. Prof. MD, PhD. Mircea Grigorescu (Iuliu Hațieganu University of Medicine and Pharmacy, Cluj-Napoca, Romania)

Univ. Prof. PhD. Ing. Radu Munteanu (Technical University, Cluj-Napoca, Romania)

Univ. Prof. MD, PhD. Liviu Vlad (Iuliu Hațieganu University of Medicine and Pharmacy, Cluj-Napoca, Romania)

Editorial Office of the Journal
"Health, Sports & Rehabilitation Medicine"

Street: Clinicilor no. 1, PC400006, Cluj-Napoca

Phone: 0264-598575

E-mail: hesrehab@gmail.com; traian_bocu@yahoo.com

pISSN 2668-2303

eISSN 2668-5132

ISSN-L 2668-2303

www.jhsrm.org

Editors for English Language

Sally Wood-Lamont sallywoodlamont@gmail.com

Ioana Robu ioanarobu@yahoo.com

Marketing, PR

Cristian Potoră crispipotora@gmail.com

International relations

Tudor Mirza midor1967@gmail.com

Irina Hărănguș irininaus@yahoo.com

Mihai Kiss mishu71@yahoo.com

Cornelia Popovici popovicicornelia@yahoo.com

Website maintenance

Transmondo